When plan A doesn’t work out, there’s Plan B One-Step®

I’VE GOT THIS™

An emergency contraception so trusted it’s the #1 recommended brand by OB/GYNs

PlanBOneStep.com
Everything you want to know about 
Plan B One-Step®

If you’re thinking of using Plan B, you probably have some questions. Use this guide to help you get the answers.

A backup plan you can feel confident in

So, how does Plan B actually work? Let’s start with the facts.

• Plan B One-Step is an emergency contraception that helps prevent pregnancy before it starts by delaying ovulation when taken within 72 hours of unprotected sex
• It uses the same active ingredient as regular birth control pills—just at a single, higher dose
• It won’t hurt your chances of getting pregnant in the future

The myths of Plan B

When it comes to Plan B, there are a lot of myths about what it does and how it works. Let’s set the record straight once and for all.

• It is NOT an abortion pill
• It won’t affect an existing pregnancy
• It is NOT meant to be used as a regular birth control method

The sooner you take it, the better it works

Plan B is an emergency contraception you take within 72 hours when:

• You didn’t use any form of birth control and had unprotected sex
• There was an issue with your regular birth control method (eg, the condom broke or slipped)
• You missed a dose (or more) of your regular birth control pill and had sex

Grab it right off the shelf

Ready to get Plan B but not sure where to find it? Take a look below.

• Plan B is available over the counter at most major retailers like Target, Walmart, Walgreens, CVS, Rite Aid, and more
• Find it in the family planning aisle
• No prescription, no ID, no age requirement
Discover savings and more at

PlanBOneStep.com