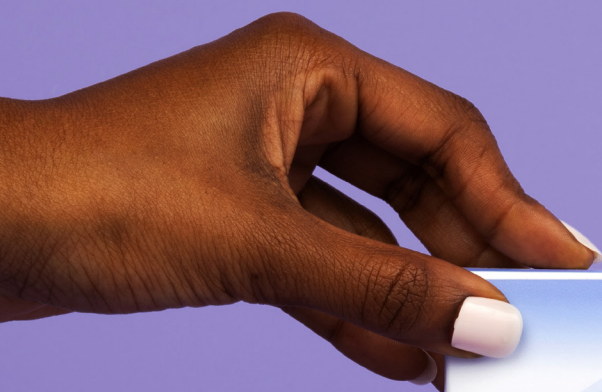


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When plan A doesn't work out,
there's **Plan B One-Step®**



Emergency contraception
that **helps prevent**
pregnancy before it starts



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What to know about Plan B

If you're thinking of using Plan B One-Step, you want to know how it works. Let's start with the facts.



What Plan B is

Plan B is emergency contraception you take within 72 hours after unprotected sex.

- Helps prevent pregnancy before it starts by temporarily delaying ovulation—so there's no egg to meet the sperm
- No ID, no Rx, no age requirement—no matter where you buy it
- Won't hurt your chances of getting pregnant in the future



What Plan B isn't

A few important things to keep in mind when you're considering taking Plan B:

- It is **not** an abortion pill
- It **won't affect** an existing pregnancy
- It is **not** meant to be used as a regular birth control method



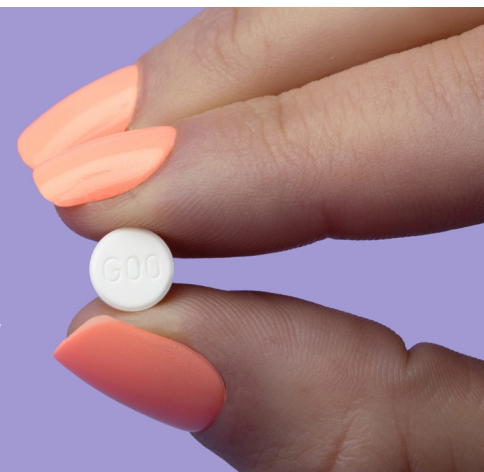
The sooner you take Plan B, the better it works

Plan B is an emergency contraception you take within 72 hours when:

- You didn't use any form of birth control and had unprotected sex
- There was an issue with your regular birth control method (eg, the condom broke or slipped)
- You missed a dose (or more) of your regular birth control pill and had sex

Find it in the family planning aisle

Need a backup plan? We've got you covered—no ID or Rx required. Plan B is available at major retailers in store, online, and via same day delivery.



Where to shop



Chat with Us

Psst: wondering where to find Plan B in store?

Find it yourself in the family planning aisle—no prescription, no ID, no age requirement. Visit planbonestep.com/stores to find a store near you.